

All Saints Church, Helmsley  
The Deanery of Northern Ryedale

# Morning Prayer



Friday 18<sup>th</sup> September 2020, 10am online

*Please join in where the print is **bold***

*BEFORE THE SERVICE WE STILL OUR MINDS AND  
HEARTS. GENERAL CONVERSATION IS ENCOURAGED  
AFTER THE SERVICE RATHER THAN BEFORE.*

*Light a candle, if you have one, as the service begins:*

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

O come, let us sing to the Lord;  
let us heartily rejoice in the rock of our salvation.

**Let us come into his presence with thanksgiving  
and be glad in him with psalms.**

For the Lord is a great God  
and a great king above all gods.

**In his hand are the depths of the earth  
and the heights of the mountains are his also.**

The sea is his, for he made it,  
and his hands have moulded the dry land.

**Come, let us worship and bow down  
and kneel before the Lord our Maker.**

For he is our God;  
we are the people of his pasture and the sheep of his hand.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Pause for reflection as we offer the day to God.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

### Psalm 17

Hear my just cause, O Lord; consider my complaint;  
listen to my prayer, which comes not from lying lips.

**Let my vindication come forth from your presence;  
let your eyes behold what is right.**

Weigh my heart, examine me by night,  
refine me, and you will find no impurity in me.

**My mouth does not trespass for earthly rewards;  
I have heeded the words of your lips.**

My footsteps hold fast in the ways of your commandments;  
my feet have not stumbled in your paths.

**I call upon you, O God, for you will answer me;  
incline your ear to me, and listen to my words.**

Show me your marvellous loving-kindness,  
O Saviour of those who take refuge at your right hand  
from those who rise up against them.

**Keep me as the apple of your eye;  
hide me under the shadow of your wings,**

From the wicked who assault me,  
from my enemies who surround me to take away my life.

**They have closed their heart to pity  
and their mouth speaks proud things.**

They press me hard, they surround me on every side,  
watching how they may cast me to the ground,

**Like a lion that is greedy for its prey,  
like a young lion lurking in secret places.**

Arise, Lord; confront them and cast them down;  
deliver me from the wicked by your sword.

**Deliver me, O Lord, by your hand  
from those whose portion in life is unending,**

Whose bellies you fill with your treasure,  
who are well supplied with children  
and leave their wealth to their little ones.

**As for me, I shall see your face in righteousness;  
when I awake and behold your likeness, I shall be satisfied.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

#### Acts 15.22-35

Then the apostles and the elders, with the consent of the whole church, decided to choose men from among their members and to send them to Antioch with Paul and Barnabas. They sent Judas called Barsabbas, and Silas, leaders among the brothers, with the following letter: ‘The brothers, both the apostles and the elders, to the believers of Gentile origin in Antioch and Syria and Cilicia, greetings. Since we have heard that certain persons who have gone out from us, though with no instructions from us, have said things to disturb you and have unsettled your minds, we have decided unanimously to choose representatives and send them to you, along with our beloved Barnabas and Paul, who have risked their lives for the sake of our Lord Jesus Christ. We have therefore sent Judas and Silas, who themselves will tell you the same things by word of mouth. For it has seemed good to the Holy Spirit and to us to impose on you no further burden than these essentials: that you abstain from what has been sacrificed to idols and from blood and from what is strangled and from fornication. If you keep yourselves from these, you will do well. Farewell.’

So they were sent off and went down to Antioch. When they gathered the congregation together, they delivered the letter. When its members read it, they rejoiced at the exhortation. Judas and Silas, who were themselves prophets, said much to encourage and strengthen the believers. After they had been there for some time, they were sent off in peace by the believers to those who had sent them. But Paul and Barnabas remained in Antioch, and there, with many others, they taught and proclaimed the word of the Lord.

This is the Word of the Lord

**Thanks be to God**

Forsake me not, O Lord;  
be not far from me, O my God.  
**Forsake me not, O Lord;  
be not far from me, O my God.**  
Make haste to help me,  
O Lord of my salvation.  
**Be not far from me, O my God.**  
Glory to the Father and to the Son  
and to the Holy Spirit.  
**Forsake me not, O Lord;  
be not far from me, O my God.**

Benedictus

Blessed be the Lord the God of Israel,  
who has come to his people and set them free.

**He has raised up for us a mighty Saviour,  
born of the house of his servant David.**

Through his holy prophets God promised of old  
to save us from our enemies,  
from the hands of all that hate us,

**To show mercy to our ancestors,  
and to remember his holy covenant.**

This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,

**Free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.**

And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare his way,

**To give his people knowledge of salvation  
by the forgiveness of all their sins.**

In the tender compassion of our God  
the dawn from on high shall break upon us,

**To shine on those who dwell in darkness and the shadow of  
death,  
and to guide our feet into the way of peace.**

*Luke 1.68-79*

**Glory to the Father and to the Son  
and to the Holy Spirit;**

**as it was in the beginning is now  
and shall be for ever. Amen.**

The Intercession

Merciful Father, ...

Almighty God,  
whose only Son has opened for us  
a new and living way into your presence:  
give us pure hearts and steadfast wills  
to worship you in spirit and in truth;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

Let us pray with confidence as our Saviour has taught us

**Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;**

**but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

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