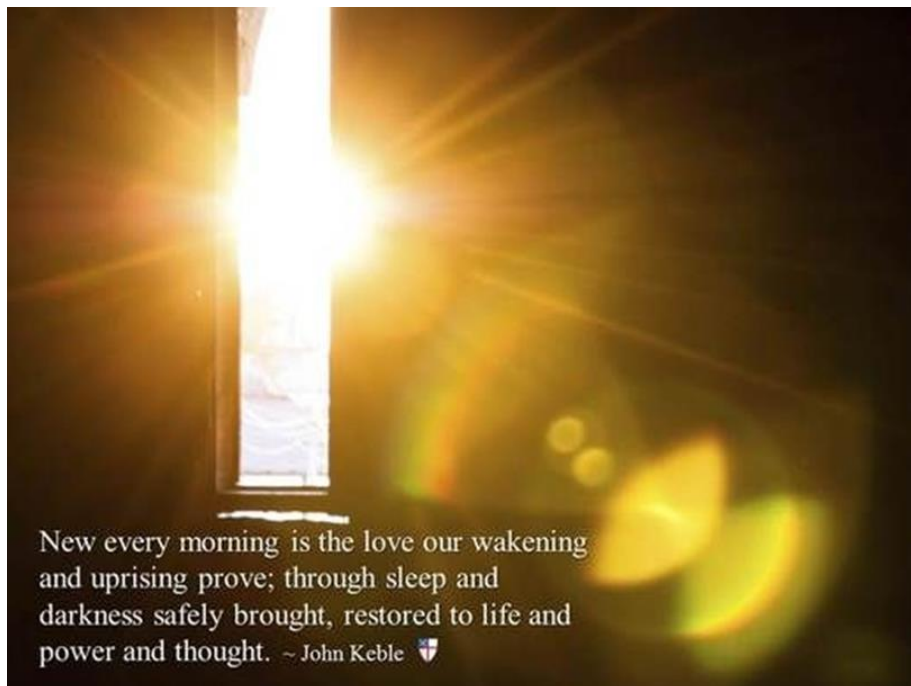


# All Saints Church, Helmsley.



## An Order for Morning Prayer in the Seasons of Advent, Christmas, Epiphany and Lent.

From earliest times, Christians have gathered at regular hours during each day and night to respond to God's word with praise on behalf of all creation and with intercession for the salvation of the world. By the fourth century, if not earlier, morning and evening had emerged as the pre-eminent hours for the offering of this sacrifice of praise.

The following orders of service for Morning Prayer in Advent, Christmas, Epiphany and Lent, are intended to help us, Christians of our own day, to take our part in this privilege and duty which belongs to all God's priestly people.

Morning Prayer may be celebrated in the simple form in which it is set out here, or enriched with a variety of optional chants, readings and prayers.

# Morning Prayer in Advent

## Preparation

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Reveal among us the light of your presence

**All that we may behold your power and glory.**

*The following is said*

Blessed are you, Sovereign God of all,  
to you be praise and glory for ever.

In your tender compassion

the dawn from on high is breaking upon us  
to dispel the lingering shadows of night.

As we look for your coming among us this day,

open our eyes to behold your presence

and strengthen our hands to do your will,

that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

*A Song of the King's Glory*

- 1 The earth is the Lord's and all that fills it, ◆  
the compass of the world and all who dwell therein.
- 2 For he has founded it upon the seas ◆  
and set it firm upon the rivers of the deep.
- 3 'Who shall ascend the hill of the Lord, ◆  
or who can rise up in his holy place?'
- 4 'Those who have clean hands and a pure heart, ◆

- who have not lifted up their soul to an idol,  
nor sworn an oath to a lie;
- 5 'They shall receive a blessing from the Lord, ♦  
a just reward from the God of their salvation.'
- 6 Such is the company of those who seek him, ♦  
of those who seek your face, O God of Jacob.
- 7 Lift up your heads, O gates;  
be lifted up, you everlasting doors; ♦  
and the King of glory shall come in.
- 8 'Who is the King of glory?' ♦  
'The Lord, strong and mighty,  
the Lord who is mighty in battle.'
- 9 Lift up your heads, O gates;  
be lifted up, you everlasting doors; ♦  
and the King of glory shall come in.
- 10 'Who is this King of glory?' ♦  
'The Lord of hosts,  
he is the King of glory.'

*Psalm 24*

***All* Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This opening prayer may be said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,

set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

## The Word of God

### Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.  
Each psalm or group of psalms ends with*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### Scripture Reading

*The appointed reading for Morning Prayer (Common Worship Lectionary) is said.  
The reading ends with*

For the gift of his Holy Word

**All Thanks be to God.**

*The following responsory is said*

Now it is time to awake out of sleep,

**All for the night is far spent and the day is at hand.**

Now is our salvation nearer than when we first believed,

**All for the night is far spent.**

Let us therefore cast off the works of darkness  
and put on the armour of light,

**All for the day is at hand.**

Put on the Lord Jesus Christ

and make no provision for the flesh,

**All for the night is far spent and the day is at hand.**

*from Romans 13*

## Homily

*A short Homily or reflection may follow, concluded by a period of silence.*

## Gospel Canticle

*Refrain: From Advent Sunday until 16 December:*

**All Look towards the east, O Jerusalem,  
and see the glory that is coming from God.**

*Refrain: From 17 December until Christmas Eve:*

**All Like the sun in the morning sky,  
the Saviour of the world will dawn;  
like rain upon the meadows,  
the Christ will come down upon us.**

- 1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ◆  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ◆  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ◆  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ◆  
holy and righteous in his sight

all the days of our life.

- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.  
9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**All** **Glory to the Father and to the Son**  
**and to the Holy Spirit;**  
**as it was in the beginning is now**  
**and shall be for ever. Amen.**

*From Advent Sunday until 16 December:*

**All** **Look towards the east, O Jerusalem,**  
**and see the glory that is coming from God.**

*From 17 December until Christmas Eve:*

**All** **Like the sun in the morning sky,**  
**the Saviour of the world will dawn;**  
**like rain upon the meadows,**  
**the Christ will come down upon us.**

## **Prayers**

*Short Intercessions are offered for the day and its tasks; for the world and its needs and for the Church and her life*

*The following response may be used*

Lord, hear us.

**Lord, graciously hear us.**

*Silence may be kept.*

*The Collect of the day or the following is said*

Almighty God, give us grace to cast away the works of darkness and to put on the armour of light, now in the time of this mortal life, in which your Son Jesus Christ came to us in great humility; that on the last day, when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**All Amen.**

*The Lord's Prayer is said*

Awaiting his coming in glory, as our Saviour taught us, so we pray

**All Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

## **The Conclusion**

May the Lord, when he comes,  
find us watching and waiting.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Morning Prayer in the Season of Christmas

## Preparation

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

You laid the foundation of the earth

**All and the heavens are the work of your hands.**

*The following is said:*

Blessed are you, sovereign God,  
creator of heaven and earth,  
to you be praise and glory for ever.

As your living Word, eternal in heaven,  
assumed the frailty of our mortal flesh,  
may the light of your love be born in us  
to fill our hearts with joy as we sing:

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### *A Song of the Bride*

- 1 I will greatly rejoice in the Lord, ◆  
my soul shall exult in my God;
- 2 Who has clothed me with the garments of salvation, ◆  
and has covered me with the cloak of integrity,
- 3 As a bridegroom decks himself with a garland, ◆  
and as a bride adorns herself with her jewels.
- 4 For as the earth puts forth her blossom, ◆



- and as seeds in the garden spring up,
- 5 So shall God make righteousness and praise ♦  
blossom before all the nations.
- 6 For Zion's sake I will not keep silent, ♦  
and for Jerusalem's sake I will not rest,
- 7 Until her deliverance shines out like the dawn, ♦  
and her salvation as a burning torch.
- 8 The nations shall see your deliverance, ♦  
and all rulers shall see your glory;
- 9 Then you shall be called by a new name ♦  
which the mouth of God will give.
- 10 You shall be a crown of glory in the hand of the Lord, ♦  
a royal diadem in the hand of your God.

*Isaiah 61.10,11; 62.1-3*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This opening prayer may be said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

# The Word of God

## Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.  
Each psalm or group of psalms may end with*

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

## Scripture Reading

*The appointed reading for Morning Prayer (Common Worship Lectionary) is said.  
The reading ends with*

For the gift of his Holy Word

**All** Thanks be to God.

*The reading may be followed by a time of silence.*

*The following responsory is said*

The Word of life which was from the beginning

**All** we proclaim to you.

The darkness is passing away  
and the true light is already shining;

**All** the Word of life which was from the beginning.

That which we heard, which we saw with our eyes,  
and touched with our hands,

**All** we proclaim to you.

For our fellowship is with the Father,  
and with his Son, Jesus Christ our Lord.

**All** The Word of life which was from the beginning  
we proclaim to you.

*from 1 John 1*

## Homily

*A short Homily or reflection may follow, concluded by a period of silence.*

## Gospel Canticle

*Refrain:*

**All To us is born a Saviour, who is Christ the Lord,  
and all the heavenly hosts now sing,  
Glory to God in the highest.**

- 1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ◆  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ◆  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ◆  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ◆  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ◆  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ◆  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ◆  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ◆  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

**All** To us is born a Saviour, who is Christ the Lord,  
and all the heavenly hosts now sing,  
Glory to God in the highest.

## Prayers

*Short Intercessions are offered for the day and its tasks; for the world and its needs and for the Church and her life*

*The following response may be used*

Lord, hear us.

**Lord, graciously hear us.**

*Silence may be kept.*

*The Collect of the day or the following is said*

Almighty God, who wonderfully created us in your own image and yet more wonderfully restored us through your Son Jesus Christ: grant that, as he came to share our humanity, so we may share the life of his divinity; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**All** Amen.

*The Lord's Prayer is said*

Rejoicing in the presence of God here among us, as our Saviour taught us, so we pray

**All** Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who

**trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.in heaven ...**

## **The Conclusion**

May God, who has called us out of darkness into his marvellous light, bless us and fill us with peace.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Morning Prayer during the Epiphany Season

## Preparation

O Lord, open our lips

**All** and our mouth shall proclaim your praise.

Your light springs up for the righteous

**All** and all the peoples have seen your glory.

*The following is said:*

Blessed are you, Sovereign God,

king of the nations,

to you be praise and glory for ever.

From the rising of the sun to its setting

your name is proclaimed in all the world.

As the Sun of Righteousness dawns in our hearts

anoint our lips with the seal of your Spirit

that we may witness to your gospel

and sing your praise in all the earth.

Blessed be God, Father, Son and Holy Spirit.

**All** Blessed be God for ever.

*The Jubilate is said:*

1 O be joyful in the Lord, all the earth; ♦

serve the Lord with gladness

and come before his presence with a song.

2 Know that the Lord is God; ♦

it is he that has made us and we are his;

we are his people and the sheep of his pasture.

- 3 Enter his gates with thanksgiving  
and his courts with praise; ♦  
give thanks to him and bless his name.
- 4 For the Lord is gracious; his steadfast love is everlasting, ♦  
and his faithfulness endures from generation to generation.

*Psalm 100*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This opening prayer may be said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

## **The Word of God**

### **Psalmody**

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.  
Each psalm or group of psalms may end with*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Scripture Reading

*The appointed reading for Morning Prayer (Common Worship Lectionary) is said.*

*The reading ends with*

For the gift of his Holy Word

**All Thanks be to God.**

*The reading may be followed by a time of silence.*

*The following responsory is said*

O worship the Lord in the beauty of holiness;

**All let the whole earth tremble before him.**

Tell it out among the nations that the Lord is King.

**All O worship the Lord in the beauty of holiness.**

Tell out his salvation from day to day.

**All Let the whole earth tremble before him.**

Declare his glory among the nations  
and his wonders among all peoples.

**All O worship the Lord in the beauty of holiness;  
let the whole earth tremble before him.**

*from Psalm 96*

## Homily

*A short Homily or reflection may follow, concluded by a period of silence.*

## Gospel Canticle

*Refrain:*

**All This is the Christ, the Chosen of God,  
the one who will bring healing to the nations.**

- 1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.



- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All This is the Christ, the Chosen of God,  
the one who will bring healing to the nations.**

## **Prayers**

*Short Intercessions are offered for the day and its tasks; for the world and its needs and for the Church and her life*

*The following response may be used*

Lord, hear us.

**Lord, graciously hear us.**

*Silence may be kept.*

*The Collect of the day or the following is said*

Almighty God, in Christ you make all things new:  
transform the poverty of our nature by the riches of your grace,  
and in the renewal of our lives make known your heavenly glory;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said*

Believing the promises of God, as our Saviour taught us, so we pray

**All Our Father in heaven hallowed be thy name; thy kingdom come;  
thy will be done; on earth as it is in heaven. Give us this day our daily  
bread. And forgive us our trespasses, as we forgive those who  
trespass against us. And lead us not into temptation; but deliver us  
from evil. For thine is the kingdom, the power and the glory, for ever  
and ever. Amen.**

## **The Conclusion**

May Christ, who sends us to the nations, give us the power of his Spirit.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

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# Morning Prayer in the Season of Lent

## Preparation

O Lord, open our lips

**All** and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

**All** according to your judgement give us life.

*The following is said:*

Blessed are you, God of compassion and mercy,  
to you be praise and glory for ever.

In the darkness of our sin,  
your light breaks forth like the dawn  
and your healing springs up for deliverance.  
As we rejoice in the gift of your saving help,  
sustain us with your bountiful Spirit  
and open our lips to sing your praise.  
Blessed be God, Father, Son and Holy Spirit.

**All** Blessed be God for ever.

*A Song of Penitence is said:*

- 1 Have mercy on me, O God, in your great goodness; ♦  
according to the abundance of your compassion  
blot out my offences.
- 2 Wash me thoroughly from my wickedness ♦  
and cleanse me from my sin.
- 3 For I acknowledge my faults ♦  
and my sin is ever before me.

- 4 Against you only have I sinned ♦  
and done what is evil in your sight,
- 5 So that you are justified in your sentence ♦  
and righteous in your judgement.
- 6 Cast me not away from your presence ♦  
and take not your holy spirit from me.
- 7 Give me again the joy of your salvation ♦  
and sustain me with your gracious spirit;
- 8 Then shall I teach your ways to the wicked ♦  
and sinners shall return to you.
- 9 Deliver me from my guilt, O God,  
the God of my salvation, ♦  
and my tongue shall sing of your righteousness.

*Psalm 51.1-5,12-15*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This opening prayer may be said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

# The Word of God

## Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.*

*Each psalm or group of psalms may end with*

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

## Scripture Reading

*The appointed reading for Morning Prayer (Common Worship Lectionary) is said.*

*The reading ends with*

For the gift of his Holy Word

**All** Thanks be to God.

*The reading may be followed by a time of silence.*

*The following responsory is said*

To you, O Lord, I lift up my soul;

**All** O my God, in you I trust.

You are the God of my salvation,

**All** To you, O Lord, I lift up my soul.

In you I hope all the day long.

**All** O my God, in you I trust.

Remember, Lord, your compassion and love,  
for they are from everlasting.

**All** To you, O Lord, I lift up my soul;

O my God, in you I trust.

*from Psalm 25*

## Gospel Cantic

*Refrain:*

**All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

- 1 Jesus, Saviour of the world, come to us in your mercy: ♦  
we look to you to save and help us.
- 2 By your cross and your life laid down,  
you set your people free: ♦  
we look to you to save and help us.
- 3 When they were ready to perish, you saved your disciples: ♦  
we look to you to come to our help.
- 4 In the greatness of your mercy, loose us from our chains, ♦  
forgive the sins of all your people.
- 5 Make yourself known as our Saviour and mighty deliverer; ♦  
save and help us that we may praise you.
- 6 Come now and dwell with us, Lord Christ Jesus: ♦  
hear our prayer and be with us always.
- 7 And when you come in your glory: ♦  
make us to be one with you and to share the life of your kingdom.

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All Blessed are those who hunger and thirst for righteousness,  
for they shall be satisfied.**

## Prayers

*Short Intercessions are offered for the day and its tasks; for the world and its needs and for the Church and her life*

*The following response may be used*

Lord, hear us.

**Lord, graciously hear us.**

*Silence may be kept.*

*The Collect of the day or the following is said*

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said*

Trusting in the compassion of God, as our Saviour taught us, so we pray

**All Our Father in heaven hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

## **The Conclusion**

May God our Redeemer show us compassion and love.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**