

All Saints Church, Helmsley.



An Order for Morning Prayer in Ordinary Time

From earliest times, Christians have gathered at regular hours during each day and night to respond to God's word with praise on behalf of all creation and with intercession for the salvation of the world. By the fourth century, if not earlier, morning and evening had emerged as the pre-eminent hours for the offering of this sacrifice of praise.

The following orders of service for Morning Prayer in Ordinary Time (Monday to Friday) are intended to help us, Christians of our own day, to take our part in this privilege and duty which belongs to all God's priestly people.

Morning Prayer may be celebrated in the simple form in which it is set out here, or enriched with a variety of optional chants, readings and prayers.

Morning Prayer on Monday

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

The following is said:

- 1 The Lord is full of compassion and mercy, ◆
slow to anger and of great kindness.
- 2 He will not always accuse us, ◆
neither will he keep his anger for ever.
- 3 He has not dealt with us according to our sins, ◆
nor rewarded us according to our wickedness.
- 4 For as the heavens are high above the earth, ◆
so great is his mercy upon those who fear him.
- 5 As far as the east is from the west, ◆
so far has he set our sins from us.
- 6 As a father has compassion on his children, ◆
so is the Lord merciful towards those who fear him.
- 7 For he knows of what we are made; ◆
he remembers that we are but dust.
- 8 Our days are but as grass; ◆
we flourish as a flower of the field;
- 9 For as soon as the wind goes over it, it is gone, ◆
and its place shall know it no more.
- 10 But the merciful goodness of the Lord is from of old
and endures for ever on those who fear him, ◆

and his righteousness on children's children;
11 On those who keep his covenant ♦
and remember his commandments to do them.

Psalm 103.8-18

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All **Amen.**

The Word of God

Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.
Each psalm or group of psalms may end with*

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture Reading

The appointed reading for Morning Prayer (Common Worship Lectionary) is said.

The reading ends with

For the gift of his Holy Word

All Thanks be to God.

The reading may be followed by a time of silence.

The following responsory is said

Trust in the Lord with all your heart;
and be not wise in your own sight.

**All Trust in the Lord with all your heart;
and be not wise in your own sight.**

In all your ways acknowledge him
and he will make straight your paths.

All Trust in the Lord with all your heart.

Glory to the Father and to the Son
and to the Holy Spirit.

**All Trust in the Lord with all your heart;
and be not wise in your own sight.**

from Proverbs 3

Homily

A short Homily or reflection may follow, concluded by a period of silence.

Gospel Canticle

Refrain:

**All You have set us free to worship you without fear,
holy and righteous in your sight.**

- 1 Blessed be the Lord the God of Israel, ◆
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ◆

- born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦
to save us from our enemies,
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦
holy and righteous in his sight
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦
and to guide our feet into the way of peace.

Luke 1.68-79

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**All You have set us free to worship you without fear,
holy and righteous in your sight.**

Prayers

*Intercessions are offered for the day and its tasks; for the world and its needs
and for the Church and her life*

The following response may be used

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day or the following is said

Lord our God,

as with all creation

we offer you the life of this new day,

give us grace to love and serve you

to the praise of Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,

and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

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Morning Prayer on Tuesday

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

The following is said:

- 1 Bless the Lord, O my soul, ◆
and all that is within me bless his holy name.
- 2 Bless the Lord, O my soul, ◆
and forget not all his benefits;
- 3 Who forgives all your sins ◆
and heals all your infirmities;
- 4 Who redeems your life from the Pit ◆
and crowns you with faithful love and compassion;
- 5 Who satisfies you with good things, ◆
so that your youth is renewed like an eagle's.
- 6 The Lord executes righteousness ◆
and judgement for all who are oppressed.
- 7 He made his ways known to Moses ◆
and his works to the children of Israel.
- 8 The Lord has established his throne in heaven, ◆
and his kingdom has dominion over all.
- 9 Bless the Lord, you angels of his, ◆
you mighty ones who do his bidding
and hearken to the voice of his word.
- 10 Bless the Lord, all you his hosts, ◆
you ministers of his who do his will.
- 11 Bless the Lord, all you works of his,

in all places of his dominion; ♦
bless the Lord, O my soul.

Psalm 103.1-7,19-22

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.
Each psalm or group of psalms may end with*

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Scripture Reading

The appointed reading for Morning Prayer (Common Worship Lectionary) is said.

The reading ends with

For the gift of his Holy Word

All Thanks be to God.

The reading may be followed by a time of silence.

The following responsory is said

Open my eyes, O Lord

that I may see the wonders of your law.

All Open my eyes, O Lord

that I may see the wonders of your law.

Lead me in the path of your commandments

All that I may see the wonders of your law.

Glory to the Father and to the Son

and to the Holy Spirit.

All Open my eyes, O Lord

that I may see the wonders of your law.

from Psalm 119

Homily

A short Homily or reflection may follow, concluded by a period of silence.

Gospel Canticle

Refrain:

**All At the name of Jesus
every knee shall bow.**

- 1 Christ Jesus was in the form of God, ◆
but he did not cling to equality with God.
- 2 He emptied himself, taking the form of a servant, ◆
and was born in our human likeness.

- 3 Being found in human form he humbled himself, ♦
and became obedient unto death, even death on a cross.
- 4 Therefore God has highly exalted him, ♦
and bestowed on him the name above every name,
- 5 That at the name of Jesus every knee should bow, ♦
in heaven and on earth and under the earth;
- 6 And every tongue confess that Jesus Christ is Lord, ♦
to the glory of God the Father.

Philippians 2.5-11

***All* Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

***All* At the name of Jesus
every knee shall bow.**

Prayers

*Intercessions are offered for the day and its tasks; for the world and its needs
and for the Church and her life*

The following response may be used

Lord, in your mercy

hear our prayer.

Silence may be kept.

The Collect of the day or the following is said

Eternal God and Father,

you create and redeem us by the power of your love:

guide and strengthen us by your Spirit,

that we may give ourselves in love and service

to one another and to you;
through Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

Morning Prayer on Wednesday

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

The following is said:

- 1 O Lord our governor, ◆
how glorious is your name in all the world!
- 2 Your majesty above the heavens is praised ◆
out of the mouths of babes at the breast.
- 3 You have founded a stronghold against your foes, ◆
that you might still the enemy and the avenger.
- 4 When I consider your heavens, the work of your fingers, ◆
the moon and the stars that you have ordained,
- 5 What are mortals, that you should be mindful of them; ◆
mere human beings, that you should seek them out?
- 6 You have made them little lower than the angels ◆
and crown them with glory and honour.
- 7 You have given them dominion over the works of your hands ◆
and put all things under their feet,
- 8 All sheep and oxen, ◆
even the wild beasts of the field,
- 9 The birds of the air, the fish of the sea ◆
and whatsoever moves in the paths of the sea.
- 10 O Lord our governor, ◆
how glorious is your name in all the world!

Psalm 8

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

*The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.
Each psalm or group of psalms may end with*

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Scripture Reading

*The appointed reading for Morning Prayer (Common Worship Lectionary) is said.
The reading ends with*

For the gift of his Holy Word

All Thanks be to God.

The reading may be followed by a time of silence.

The following responsory is said

Lord, you will guide me with your counsel
and afterwards receive me with glory.

**All Lord, you will guide me with your counsel
and afterwards receive me with glory.**

For I am always with you;
you hold me by my right hand.

All And afterwards receive me with glory.

Glory to the Father and to the Son
and to the Holy Spirit.

**All Lord, you will guide me with your counsel
and afterwards receive me with glory.**

from Psalm 73

Homily

A short Homily or reflection may follow, concluded by a period of silence.

Gospel Canticle

Refrain:

**All Christ is the image of the invisible God,
the firstborn of all creation.**

- 1 The Father has delivered us from the dominion of darkness, ◆
and transferred us to the kingdom of his beloved Son;
- 2 In whom we have redemption, ◆
the forgiveness of our sins.
- 3 He is the image of the invisible God, ◆
the firstborn of all creation.
- 4 For in him all things were created, ◆
in heaven and on earth, visible and invisible.
- 5 All things were created through him and for him, ◆

he is before all things and in him all things hold together.

- 6 He is the head of the body, the Church, ♦
he is the beginning, the firstborn from the dead.
- 7 In him all the fullness of God was pleased to dwell; ♦
and through him God was pleased to reconcile all things.

Colossians 1.13-18a,19,20a

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**All Christ is the image of the invisible God,
the firstborn of all creation.**

Prayers

*Intercessions are offered for the day and its tasks; for the world and its needs
and for the Church and her life*

These following response may be used

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day or the following is said

Almighty and everlasting God,
we thank you that you have brought us safely
to the beginning of this day.
Keep us from falling into sin
or running into danger,
order us in all our doings
and guide us to do always

what is righteous in your sight;
through Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

Morning Prayer on Thursday

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

The following is said:

- 1 God be gracious to us and bless us ♦
and make his face to shine upon us,
- 2 That your way may be known upon earth, ♦
your saving power among all nations.
- 3 Let the peoples praise you, O God; ♦
let all the peoples praise you.
- 4 O let the nations rejoice and be glad, ♦
for you will judge the peoples righteously
and govern the nations upon earth.
- 5 Let the peoples praise you, O God; ♦
let all the peoples praise you.
- 6 Then shall the earth bring forth her increase, ♦
and God, our own God, will bless us.
- 7 God will bless us, ♦
and all the ends of the earth shall fear him.

Psalm 67

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.

Each psalm or group of psalms may end with

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture Reading

The appointed reading for Morning Prayer (Common Worship Lectionary) is said.

The reading ends with

For the gift of his Holy Word

All Thanks be to God.

The reading may be followed by a time of silence.

The following responsory is said

Fear not, for I have redeemed you.
I have called you by name; you are mine.

All Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.
When you walk through fire, you shall not be burned.

All I have called you by name; you are mine.

Glory to the Father and to the Son
and to the Holy Spirit.

All Fear not, for I have redeemed you.

I have called you by name; you are mine.

from Isaiah 43

Homily

A short homily or reflection may follow, concluded by a period of silence.

Gospel Canticle

**All Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

Lord Jesus Christ, only Son of the Father,

**Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;**

**you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,**

**you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Prayers

*Intercessions are offered for the day and its tasks; for the world and its needs
and for the Church and her life*

The following response may be used

Lord, in your mercy

hear our prayer.

Silence may be kept.

The Collect of the day or the following is said

O God, the author of peace
and lover of concord,
to know you is eternal life,
to serve you is perfect freedom.
Defend us your servants
from all assaults of our enemies;
that we, surely trusting in your defence,
may not fear the power of any adversaries;
through Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

Morning Prayer on Friday

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

The following is said:

- 1 O come, let us sing to the Lord; ♦
let us heartily rejoice in the rock of our salvation.
- 2 Let us come into his presence with thanksgiving ♦
and be glad in him with psalms.
- 3 For the Lord is a great God ♦
and a great king above all gods.
- 4 In his hand are the depths of the earth ♦
and the heights of the mountains are his also.
- 5 The sea is his, for he made it, ♦
and his hands have moulded the dry land.
- 6 Come, let us worship and bow down ♦
and kneel before the Lord our Maker.
- 7 For he is our God; ♦
we are the people of his pasture and the sheep of his hand.

Psalm 95

All **Glory to the Father and to the Son**
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalm for Morning Prayer (Common Worship Lectionary) is said.

Each psalm or group of psalms may end with

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture Reading

The appointed reading for Morning Prayer (Common Worship Lectionary) is said.

The reading ends with

For the gift of his Holy Word

All Thanks be to God.

The reading may be followed by a time of silence.

The following responsory is said

Forsake me not, O Lord;
be not far from me, O my God.

**All Forsake me not, O Lord;
be not far from me, O my God.**

Make haste to help me,
O Lord of my salvation.

All Be not far from me, O my God.

Glory to the Father and to the Son
and to the Holy Spirit.

**All Forsake me not, O Lord;
be not far from me, O my God.**

from Psalm 38

Homily

A short homily or reflection may follow, concluded by a period of silence.

Gospel Canticle

Refrain:

**All You created all things, O God,
and are worthy of our praise for ever.**

- 1 You are worthy, our Lord and God, ◆
to receive glory and honour and power.
- 2 For you have created all things, ◆
and by your will they have their being.
- 3 You are worthy, O Lamb, for you were slain, ◆
and by your blood you ransomed for God
saints from every tribe and language and nation.
- 4 You have made them to be a kingdom and priests
serving our God, ◆
and they will reign with you on earth.

Revelation 4.11; 5.9b,10

All To the One who sits on the throne and to the Lamb ♦
be blessing and honour and glory and might,
for ever and ever. Amen.

All You created all things, O God,
and are worthy of our praise for ever.

Prayers

*Intercessions are offered for the day and its tasks; for the world and its needs
and for the Church and her life*

These following response may be used

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day or the following is said

Gracious Father,
you gave up your Son
out of love for the world:
lead us to ponder the mysteries of his passion,
that we may know eternal peace
through the shedding of our Saviour's blood,
Jesus Christ our Lord.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.