

All Saints Church, Helmsley
The Deanery of Northern Ryedale

Morning Prayer



Hildegard, Abbess of Bingen, Visionary, 1179
Thursday 17th September 2020, 10am online

*Please join in where the print is **bold***

*BEFORE THE SERVICE WE STILL OUR MINDS AND
HEARTS. GENERAL CONVERSATION IS ENCOURAGED
AFTER THE SERVICE RATHER THAN BEFORE.*

Light a candle, if you have one, as the service begins:

Christ is the Light of the World, in him there is no darkness at all.

O Lord, open our lips
and our mouth shall proclaim your praise.

God be gracious to us and bless us
and make his face to shine upon us,

**That your way may be known upon earth,
your saving power among all nations.**

Let the peoples praise you, O God;
let all the peoples praise you.

**O let the nations rejoice and be glad,
for you will judge the peoples righteously
and govern the nations upon earth.**

Let the peoples praise you, O God;
let all the peoples praise you.

**Then shall the earth bring forth her increase,
and God, our own God, will bless us.**

God will bless us,
and all the ends of the earth shall fear him.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Pause for reflection as we offer the day to God.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. **Amen.**

Psalm 16

Preserve me, O God, for in you have I taken refuge;
I have said to the Lord, 'You are my lord,
all my good depends on you.'

**All my delight is upon the godly that are in the land,
upon those who are noble in heart.**

Though the idols are legion that many run after,
their drink offerings of blood I will not offer,
neither make mention of their names upon my lips.

**The Lord himself is my portion and my cup;
in your hands alone is my fortune.**

My share has fallen in a fair land;
indeed, I have a goodly heritage.

**I will bless the Lord who has given me counsel,
and in the night watches he instructs my heart.**

I have set the Lord always before me;
he is at my right hand; I shall not fall.

**Wherefore my heart is glad and my spirit rejoices;
my flesh also shall rest secure.**

For you will not abandon my soul to Death,
nor suffer your faithful one to see the Pit.

**You will show me the path of life;
in your presence is the fullness of joy
and in your right hand are pleasures for evermore.**

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Acts 15.1-21

Then certain individuals came down from Judea and were teaching the brothers, ‘Unless you are circumcised according to the custom of Moses, you cannot be saved.’ And after Paul and Barnabas had no small dissension and debate with them, Paul and Barnabas and some of the others were appointed to go up to Jerusalem to discuss this question with the apostles and the elders. So they were sent on their way by the church, and as they passed through both Phoenicia and Samaria, they reported the conversion of the Gentiles, and brought great joy to all the believers. When they came to Jerusalem, they were welcomed by the church and the apostles and the elders, and they reported all that God had done with them. But some believers who belonged to the sect of the Pharisees stood up and said, ‘It is necessary for them to be circumcised and ordered to keep the law of Moses.’

The apostles and the elders met together to consider this matter. After there had been much debate, Peter stood up and said to them, ‘My brothers, you know that in the early days God made a choice among you, that I should be the one through whom the Gentiles would hear the message of the good news and become believers. And God, who knows the human heart, testified to them by giving them the Holy Spirit, just as he did to us; and in cleansing their hearts by faith he has made no distinction between them and us. Now therefore why are you putting God to the test by placing on the neck of the disciples a yoke that neither our ancestors nor we have been able to bear? On the contrary, we believe that we will be saved through the grace of the Lord Jesus, just as they will.’

The whole assembly kept silence, and listened to Barnabas and Paul as they told of all the signs and wonders that God had done through them among the Gentiles. After they finished speaking, James replied, ‘My brothers, listen to me. Simeon has related how God first looked favourably on the Gentiles, to take from among them a people for his name. This agrees with the words of the prophets, as it is written,

“After this I will return,
and I will rebuild the dwelling of David, which has fallen;
from its ruins I will rebuild it,
and I will set it up,
so that all other peoples may seek the Lord—
even all the Gentiles over whom my name has been called.

Thus says the Lord, who has been making these things known from long ago.”

Therefore I have reached the decision that we should not trouble those Gentiles who are turning to God, but we should write to them to abstain only from things polluted by idols and from fornication and from whatever has been strangled and from blood. For in every city, for generations past, Moses has had those who proclaim him, for he has been read aloud every sabbath in the synagogues.’

This is the Word of the Lord
Thanks be to God

Silence

Fear not, for I have redeemed you.

I have called you by name; you are mine.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.

When you walk through fire, you shall not be burned.

I have called you by name; you are mine.

Glory to the Father and to the Son

and to the Holy Spirit.

Fear not, for I have redeemed you.

I have called you by name; you are mine.

Benedictus

Blessed be the Lord the God of Israel,

who has come to his people and set them free.

He has raised up for us a mighty Saviour,

born of the house of his servant David.

Through his holy prophets God promised of old

to save us from our enemies,

from the hands of all that hate us,

To show mercy to our ancestors,

and to remember his holy covenant.

This was the oath God swore to our father Abraham:

to set us free from the hands of our enemies,

**Free to worship him without fear,
holy and righteous in his sight
all the days of our life.**

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,

**To give his people knowledge of salvation
by the forgiveness of all their sins.**

In the tender compassion of our God
the dawn from on high shall break upon us,

**To shine on those who dwell in darkness and the shadow of
death,
and to guide our feet into the way of peace.**

Luke 1.68-79

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The Intercession

Most glorious and holy God,
whose servant Hildegard, strong in the faith,
was caught up in the vision of your heavenly courts:
by the breath of your Spirit
open our eyes to glimpse your glory

and our lips to sing your praises with all the angels;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Let us pray with confidence as our Saviour has taught us

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
Amen.

Let us bless the Lord.
Thanks be to God.

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